

**GALLUP NEWS SERVICE**

**GALLUP POLL SOCIAL SERIES: HEALTH AND HEALTHCARE**

**-- FINAL TOPLINE --**

Timberline: 937008  
IS: 175  
Princeton Job #: 14-11-014

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November 6-9, 2014

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Thinking about your weight,

23. How would you describe your own personal weight situation right now -- very overweight, somewhat overweight, about right, somewhat underweight, or very underweight?

	<u>Very over- weight</u>	<u>Some- what over- weight</u>	<u>About right</u>	<u>Some- what under- weight</u>	<u>Very under- weight</u>	<u>No opinion</u>
2014 Nov 6-9	4	32	56	5	1	2
2013 Nov 7-10	5	31	57	5	1	1
2012 Nov 15-18	3	31	60	5	1	1
2011 Nov 3-6	5	34	56	5	*	*
2010 Nov 4-7	4	34	57	4	1	1
2009 Nov 5-8	4	32	58	5	1	*
2008 Nov 13-16	3	37	54	4	1	1
2007 Nov 11-14	5	36	52	6	*	1
2006 Nov 9-12	4	37	53	4	1	*
2005 Nov 7-10	5	37	53	4	1	*
2004 Nov 7-10	5	36	54	5	*	*
2003 Nov 3-5	4	37	53	5	1	*
2002 Nov 11-14	6	36	51	5	1	1
2001 Nov 8-11	6	38	51	4	*	1
1999 Jul 22-25	4	35	53	6	1	1
1990 Oct 18-21	7	41	46	5	1	*

24. What is your approximate current weight?

	<u>124 lbs. or less</u>	<u>125-149 lbs.</u>	<u>150-174 lbs.</u>	<u>175-199 lbs.</u>	<u>200 lbs. and over</u>	<u>No opinion</u>	<u>Average weight</u>
<b><u>NATIONAL ADULTS</u></b>							
2014 Nov 6-9	8	20	23	19	25	5	175
2013 Nov 7-10	9	18	21	19	27	6	176
2012 Nov 15-18	6	21	24	18	27	4	176
2011 Nov 3-6	7	21	21	19	29	4	178
2010 Nov 4-7	7	16	26	20	26	5	



**Q.25 (LIKE TO LOSE/GAIN WEIGHT) CONTINUED**

	<u>Lose weight</u>	<u>Stay at present</u>	<u>Put on weight</u>	<u>No opinion</u>
<u>MEN</u>				
2014 Nov 6-9	43	44	12	1
2013 Nov 7-10	46	43	10	1
2012 Nov 15-18	45	43	11	--
2011 Nov 3-6	50	43	7	*
2010 Nov 4-7	45			

26. What do you think is the IDEAL







**HISTORICAL TREND: DIFFERENCE BETWEEN ACTUAL AND IDEAL WEIGHT (CONTINUED)**

WOMEN

Mean

Median

